

YOUR STUDY SPACE

Study Space is important so you should give thought to creating a space that will optimize your ability to study. Below are ideas for you to consider. Not all ideas are feasible for every person so you should personalize the space as your situation will allow.

The space should be well lit but without glaring light. Try to eliminate shadows on the work space. Avoid flickering lights like overhead florescent bulbs.

Have a dedicated space that is only used for study. A desk or table is essential. The dedicated space should be stocked with pens, pencils, paper, stapler, tape, ruler, etc.

A good chair, comfortable but not one that tempts you to take a nap, is suggested. It would be best if it is adjustable in height to accommodate long hours of typing.

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